



The Sleep Center of Murfreesboro recently received accreditation from the American Academy of Sleep Medicine (AASM) as a Provider of the Accredited Sleep Technologist Education Program, A-STEP.

The AASM developed the A-STEP training program to promote the standardization of sleep technologist education and training. A-STEP equips students with the knowledge and skills they need to excel in the profession of sleep technology. No experience is required to enroll in an A-STEP program.

This course consists of 80 hours of instruction and training through an A-STEP provider. The coursework involves basic instruction about sleep, sleep disorders, sleep studies and patient care, and it concludes with an online examination. Students who complete the course proceed to begin the AASM A-STEP Self-Study Modules.

Our first A-STEP course has been scheduled for Monday May 4<sup>th</sup> thru Friday May 15<sup>th</sup>. The classes will be Monday thru Friday from 8:00AM until 5:30PM. Some additional evenings will also be required for clinical experience.

The cost of the course is \$2,500. To secure your spot in the class, please submit a letter of application along with a \$500 non-refundable deposit. The remainder of the tuition must be paid two weeks prior to the first day of class. For more information contact Bryan Hughes, Director at (615)893-4896 or by email at [bhughes@sleepcenterinfo.com](mailto:bhughes@sleepcenterinfo.com)